



## **Parent Handbook**

Birch State Park

John U. Lloyd State Park

Oleta River State Park

Revised 1/2016

## **WHAT IS CAMP LIVE OAK?**

Camp Live Oak is a summer day camp, which operates three sites during the summer months, winter, and spring breaks. Since our founding in 1989, the camp has been dedicated to environmental education, fun and creating an environment where campers develop a deep regard for one another and for the South Florida Ecosystem. The camps are located at Hugh Taylor Birch State Park in Ft. Lauderdale, John U. Lloyd in Dania Beach, and at Oleta River State Park in North Miami Beach

## **HOW DOES CAMP LIVE OAK DIFFER FROM OTHER SUMMER DAY CAMPS?**

There are a number of ways in which our camps stand apart. First, we are a camp working in a cooperative effort with Florida's State Park System to provide an environmental experience. We are unique as an opportunity for kids to experience the wonder and joy of curiosity, discovery and new knowledge in regard to nature in general and South Florida ecosystems in particular.

Second, we are one of only a few American Camping Association (ACA) accredited camps in Broward and Dade Counties. This assures you that we meet and often exceed over 300 standards of health and safety, programming, staffing, and accountability set by the ACA.

Third, in addition to meeting the ideal adult/camper ratio required for ACA accreditation, we meet that requirement by utilizing certified teachers, counselors, specialists, scientists, state guides, ecologists, environmentalists, and water safety instructors. All of these factors help us to assure you and your child (children) of a pleasurable and safe summer, full of positive learning experiences.

Each staff member understands our philosophy that every child is gifted, special and unique and must be provided the means to allow each camper to develop self-confidence and independence by meeting challenges in a variety of safe, fun-filled activities. They make sure that campers get the individual nurturing and guidance they need to grow and develop. Our goal is to have each child spend their day feeling good about themselves. At Camp Live Oak we strive to remain flexible in providing a summer program with a wide range of creative, academic and recreational opportunities that are physically wholesome, mentally stimulating, satisfying and socially sound. We attempt, by policy and example, to foster sportsmanship, cooperation, self-discipline, respect for property and nature, leadership and recreational skills.

## **WHAT IS OUR SETTING LIKE?**

Hugh Taylor Birch State Park (Ft. Lauderdale), with its barrier island geography on the ocean at Sunrise Boulevard, is a 180-acre sanctuary and preserve of Florida as it appeared to the first European settlers on our shores. Here, our campers learn to appreciate the natural environment and ecology of their home area. Every day of camp, in a healthy mix of sun, dense shade and tropical breezes, campers learn about the wonders of their beaches, hammocks, fresh water lagoons and mangroves, which remain as a natural relic of what once abounded in coastal South Florida. They develop an understanding of their environment that they will carry with them

into their adult lives. The camp utilizes various pavilions in the park for activities, and during inclement weather.

John U. Lloyd State Park is located in Dania Beach. Nestled in between the Atlantic Ocean to the east and the Intracoastal waterway to the west this 310 acre state park is home to one of the last remaining undeveloped barrier islands in SE Florida. With more than two miles of eastern shoreline, John U. Lloyd was once part of the original route traveled by the "Barefoot Mailman" in the late 1800's to about the end of the of century. This natural beach community has beautiful sand dunes and coastal scrubs and hosts a variety of native plants and animal species such as the Sea oats, Royal and Cabbage palms, Giant leather ferns, Florida Kingsnakes, and a variety of shorebirds.

The park is also host to a significant nesting turtle population with about 200 to 300 nests occurring each year. Campers will participate and assist in a variety of turtle awareness programs and will undoubtedly get to bid these little turtles a fond farewell as they enter the sea on their new adventure. Within the park is also the infamous Whiskey Creek, once a favorite route taken by bootleggers in the 1920's. Today it is surrounded by native red, white and black mangroves, manatees, White Ibis, and Great blue herons. This is a definite must for canoeing and kayaking enthusiasts.

Oleta River State Park (North Miami), with its 1,043 unique acres of land and water, is located on Biscayne Bay in northeast Dade County. The park has the Oleta River and the beautiful Miami skyline as its prominent features. Inhabited from as early as 500 BC, this area has been the home of the Tequesta Indians and the earliest European settlers, providing each, in their turn, with a rich and varied habitat and diet. Campers will learn about the natural and cultural aspects of the Oleta River area. Every day of camp, in a healthy environment of shade, sun and tropical breezes, the beauty and splendor of this area provides the perfect environment for campers. Under the supervision and watchful eyes of professional teachers and counselors, camper are sure to have a perfect summer experience.

### **HOW RUGGED IS CAMP LIVE OAK? WILL MY CHILD BE SAFE?**

Because of our accreditation by ACA you can be assured that our facilities meet all of the high standards required of any camp, day or residential, required by that organization in order to be certified to be accredited by them. That includes facilities and staff requirements (background checks/fingerprinting/sexually offenders check).

All of our programs have been scrutinized and determined to be appropriate and safe for your camper. Campers are placed into groups according to age and all activities are modified in accordance with those groups.

Although we are located in a public facility, we are under the watchful eyes of the park administration and receive special care from the park rangers. They have routine drive thrus in the park and all staff have direct phone numbers to park management in case of an emergency. In addition, local authorities are notified about our program, prior to each camp session and routinely drive through the park to ensure our safety.

Camp Live Oak has strict procedures for emergency weather situations, and we are also bound by the park regulations, thus ensuring your child of the safest environment around.

Although we are an outdoor camp, our activities are no more strenuous than those offered by a typical day camp. Our professional staff undergo intensive training prior to camp in all aspects of camper health care and wellbeing. They are extremely vigilant and make sure your camper drinks enough water and has proper sun protection.

### **CAN I VISIT MY CHILD AT CAMP?**

Parents are not only permitted to visit their camper, they are encouraged to visit. However, for the smooth running of the programs, you are requested to let us know in advance what day you would like to visit (we suggest a lunch with your child would be enjoyable for both of you), and that you **limit your visit to one or two times during the session**. We would also like to suggest that older campers often are very much into the independence that the camp experience affords them. It is in the best interests of all concerned to determine your child's feelings about a camp visit from Mom or Dad ahead of time.

### **PARENT SUPPORT**

When you enroll your child at Camp Live Oak, you are entering a special community of parents and camp staff concerned with providing the best possible camp experience for children. Members of the community share a belief in the philosophy and expectations of Camp Live Oak as well as the professionalism of its staff and directors. Through their positive involvement, appropriate conduct, and cooperative spirit, parents demonstrate their commitment to the goals and ideals of the Camp Live Oak experience. To this end we hope parents will:

- Be a collaborative partner and facilitator in your child's camp experience, recognizing the counselor/instructor's role as director of instruction.
- Be supportive of the camp with your child.
- **Communicate** with the camp counselor or directors **as soon as concerns arise**. We know that you are aware that counselors/instructors are trained professionals worthy of respect because of their expertise and their deep commitment to children. We are committed to solving problems, but cannot solve a problem we are not aware of.
- Encourage your child to participate in all camp activities. Always keep in mind that we are here for you as well as for your camper.

**8:00** Park Opens/Optional AM Care

**8:50** Drop-off in the designated parking lot

**9:00** Campers and counselors go to program areas

**9:25 - 12:00** Program Activities (*may include art, swimming, sports, canoeing, archery, science, etc.*)

**12:00 -12:30** Lunch in Pavilions 1 and 2 or Marina Area (Birch); Lunch in Angel Fish Pavilion (Oleta)

**12:30 - 3:00** Program Activities (*may include art, swimming, sports, canoeing, archery, science, etc*)

**3:05 -3:10** SNACK

**3:10 -3:20** “Positive Sharing”/Clean up

**3:20 -3:30** Prepare for dismissal; head to pick up area.

**3:30 - 3:45** Dismissal; Parent Pick Up in designated parking lot

**3:45 - 6:00** Optional PM Care. Campers participate in arts and crafts activity, organized sport, hikes, and games for the first hour to hour and half. Board games, art supplies, and other materials will be available for the campers use afterward.

### OFFICE HOURS

The Camp Live Oak office will be open from 8:00 AM until 5:00 PM during summer camp sessions. If there is anything that needs to be discussed, or any information that needs to be delivered to the camp director, as well as any problems that may have arisen, you may call the camp director. If you would like to call the camp office and leave a message in a non-emergency situation, please call the office at **(954) 563-4880 in Ft. Lauderdale/Dania OR (305) 940-4748 in North Miami**. These phones will be checked for messages throughout the day. If this is an emergency, call the Executive Director on his cell phone at **(954) 684-3690**.

### EXTENDED DAY

If your child is enrolled in the **Extended Day Care Program**, the hours for **drop-off and pick-up** will be between **8:00 -9:00 AM and 3:30 -6:00 PM**. For those attending Camp only, the hours will be **8:50 -9:00 AM and 3:30 -3:45 PM**. Children **MUST BE SIGNED OUT** when picked up from After Care! **After 6:00 PM there will be a fee of \$5 for each 15 minutes or portion thereof**. Please remember that no one may pick up your child unless they are on the release form or we have a note for that particular exception to your usual pick-up. This policy is for the security and safety of your child. **For emergency care** if your child is not signed up for Extended Day Care, we will charge \$10.00 to be paid at time of pick-up. **After 6:00 PM there will be a fee of \$5 for each 15 minutes or portion thereof**. Please understand this is an emergency, not a recurring pattern of delay. We are staffed for paying after care campers only. If you need immediate assistance, **please contact the Executive Director at 954-684-3690**.

We are aware an emergency may arise that might cause a parent to be late in picking up a camper. If you are involved in this sort of situation, please do not worry as your camper will be placed in After Care if you are late. Any child who has not been picked up by 3:45pm will be taken to aftercare where they may stay until 6pm. An emergency late fee of \$10.00 will be collected for this service at the time the camper is picked up that same day. Please understand that this service is for emergencies only and not a recurring pattern as our staff is prepared for After Care campers only.

## ITEMS TO BRING

Because we are an environmental OUTDOOR camp, please pack the following items in a study backpack for your camper to bring each day. **ALL items MUST be labeled with your child's name:**

- **Sunscreen** (a layer should be applied to the campers before they arrive at camp in the morning and then we'll reapply throughout the day)
- **Insect Repellent**
- **Swim Suit** (to be worn to camp in the morning)
- **Towel**
- **Hat**
- **Lunch** (In a Personal Hard Plastic Cooler that locks shut or you can preorder Lunch at camp, call the Camp Office for more information)
- **Reusable Water Bottle** (not a disposable plastic bottle)
- **Sneakers (must be worn each morning) and Beach Shoes should be packed in the backpack** (sandals, water shoes, Crocs, etc). **Note: For 5 year old campers, if possible, it would be helpful to have velcro shoes to facilitate transition times from swimming to other activities.** Some of these items (\*\*) can be purchased from the camp store before the summer begins (at Open House), or after the summer begins by using the order form available at the park. Because we are an outdoor camp, we require the use of sunscreen and a hat each day. While temperatures are usually fairly pleasant, the intensity of the South Florida Sun is a factor to always be aware of. Although insects can be a nuisance, we are at the beach; therefore, they tend to be kept at a minimum by sea breezes.

## Nutritious Lunch

It is the responsibility of the parent to provide a nutritious lunch for their child/children each day of camp. For example, a nutritious lunch might include a juice drink, fruit, sandwich, and pretzels. Please be aware that Camp Live Oak is not responsible for providing lunch, though in cases where a child forgets his or hers lunch, the on-site Director will provide him/her a lunch. The fee for this lunch is \$6.50 and will be charged to your account.

The camp will always provide plenty of water, energy drinks, and a small snack. Candy and sodas are highly discouraged. Juices and healthy snacks are encouraged. For an additional cost, we have available a natural organic lunch program. A wholesome, lunch and drink will be delivered fresh each day to the campsite for your child. Please see our website, under the lunch program tab for further details.

## VAN SERVICE

There is a van service available for our summer camp programs for all three locations.

Hugh Taylor Birch S.P  
W. Broward /Plantation

John U. Lloyd S.P

Western Broward, Hollywood/Dania area

## Oleta River S.P

East Miami Dade, N. Miami, Aventura

Camp Live Oak has partnered with two, local, private van services, with excellent safety records. All drivers are background checked and fully insured and vans are routinely checked and serviced for maintenance. Van service is available on a weekly basis and can be either round trip or one way (AM or PM). The campers will arrive at their location each day by 9:00 am for the start of camp. In the afternoon, the van will pick up the campers from their respective parks at 3:45 pm and return to the designated drop off points. A detailed time schedule will be given to families registered for the van service prior to start of camp.

Please contact the main camp office at 954-563-4880 or 305-940-4748 if you are running late to drop off or pick up your child so that the bus driver may be informed of the tardiness. We understand certain circumstances are out of a parent's control; however, this late pickup can NOT be a regular occurrence. Parents MUST CHECK THEIR CHILD/CHILDREN OUT WITH THE VAN DRIVER BEFORE LEAVING THE BUS STOP.

In case of an emergency, change of drop off or pick up location, or that the van is running late, all parents will be notified by phone/text message via the Executive Office.

If you have any concerns during the summer about the van service, you may either contact the Camp Live Oak main office at (954) 563-4880 in Ft. Lauderdale, for further information. Please refer to the REFUND POLICY and CONDITIONS sections of this Parent Handbook as both of these sections apply if any serious disciplinary action is taken that would warrant dismissal from the van service.

Please note that campers must abide by the following rules and regulations set forth by Camp Live Oak and A1A.

### **VAN SAFETY RULES, STANDARD OPERATING PROCEDURES, AND EMERGENCY PROCEDURES:**

- 1 Campers must be seated at all times with seatbelts fastened.
- 2 Campers must keep hands, arms and heads in the van (Campers are never allowed to throw anything out of the windows).

If an emergency happens while in transit, or if the van becomes disabled, the driver will notify the Camp office and Executive and Associate Director by cell phone. A replacement van will be dispatched. If a camper becomes ill while in transit, the driver will notify the Camp office. The Executive Director will then notify the parent via phone call of their child's status. The camper will then see the on site Director upon their arrival to camp or be handed over to their parent upon pick up.

If an accident occurs, the driver will notify the Executive Director and Emergency services. The parents of the campers involved will be notified via phone by the administrative staff located at the office. Specific details will be given at that time.

All Camp buses and vans are equipped with safety equipment; fire extinguisher and first aid kits. All transportation drivers are trained in first aid and some in CPR.

### **Van Transport (Teen Eco Program)**

During our Teen Eco program, your teen will have the opportunity to visit some exciting locations in South Florida. Travel to and from these locations will be provided by Camp Live Oak, via a rented 6 or 15 passenger van. Weekly maintenance records are kept for these vehicles and are routinely checked and serviced. All vans are equipped with emergency roadside kits, first aid kits, seatbelts, and fire extinguishers.

All parents will be notified via email of all upcoming field trips, along with drop off and pickup times and locations. In case of a change of drop off or pick up location or that the bus is running late, all parents will be notified by phone/text message via the Executive Office.

### **VAN SAFETY RULES, STANDARD OPERATING PROCEDURES, AND EMERGENCY PROCEDURES:**

- 3 Campers must be seated at all times with seatbelts fastened.
- 4 Campers must keep hands, arms and heads in the van (Campers are never allowed to throw anything out of the windows).
- 5 In order to keep the vans clean, eating is not permitted.

If an emergency happens while in transit, or if the van becomes disabled, the driver will notify the Camp office and Executive and Associate Director by cell phone. A replacement van will be dispatched. If a camper becomes ill while in transit, the Teen Eco Coordinator will notify the Executive Director, who will then notify the parent via phone. The camper will then see the on site Director upon their arrival to camp or be handed over to their parent upon pick up.

If an accident occurs, the driver will notify the Executive Director and Emergency services. The parents of the campers involved will be notified via phone by the administrative staff located at the office. Specific details will be given at that time.

### **DAY TO DAY INFORMATION DROP-OFF AND PICK-UP Birch State Park (Ft. Lauderdale)**

Camp Live Oak has a specific procedure regarding drop-off and pick-up of all campers that must be followed to ensure the safety of the children as well as to obey the traffic rules set by the park. **This procedure must be adhered to at all times.** Enter the park through the **main gate** and come to a complete stop at the Ranger Station (Guardhouse). Your parking pass will be emailed to you once your registration and payment is complete. If you are in need of additional passes, the onsite Director will be able to provide you with them. Be sure your **entry pass is displayed on the left-hand side** of the window. Those in car pools, please put the surnames of all the children you are picking up on the back of your entry pass in **bold, black marker**.



**The speed limit of 15 miles-per-hour must be followed in the park at all times. Local law enforcement and Florida State Patrol will ticket anyone that does not adhere to local speed limits and posted signs!!!**

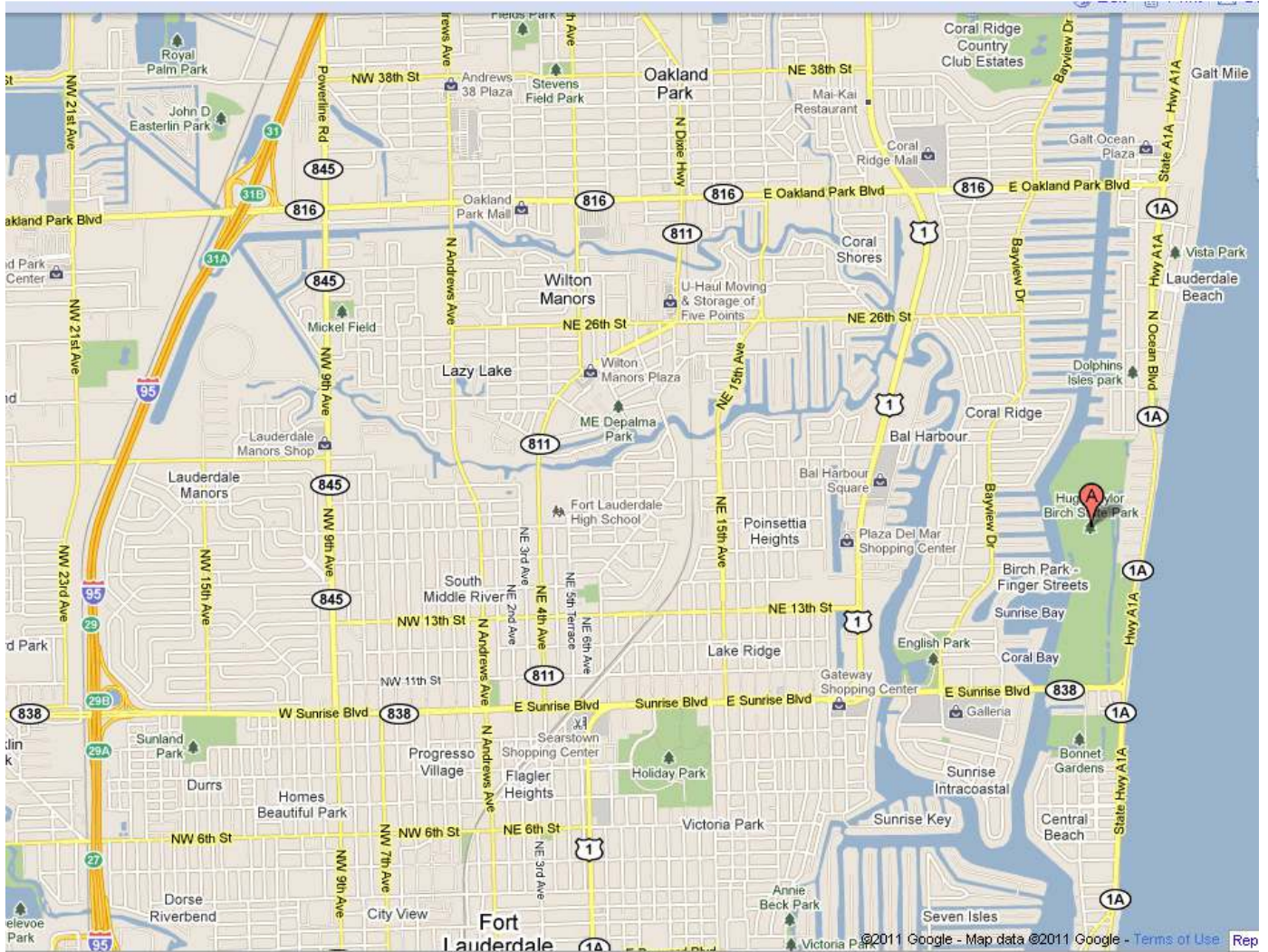
Continue past the Ranger Station to the Beach Parking Lot. If you are going to Pavilion 1 or 2 to drop off or pick up your child (children), you must continue around the entire park obeying the speed limit at all times.

**PLEASE DO NOT BACK UP YOUR CAR TO TURN AROUND AS THE ROAD IS ONE WAY!  
YOU WILL BE TICKETED!**

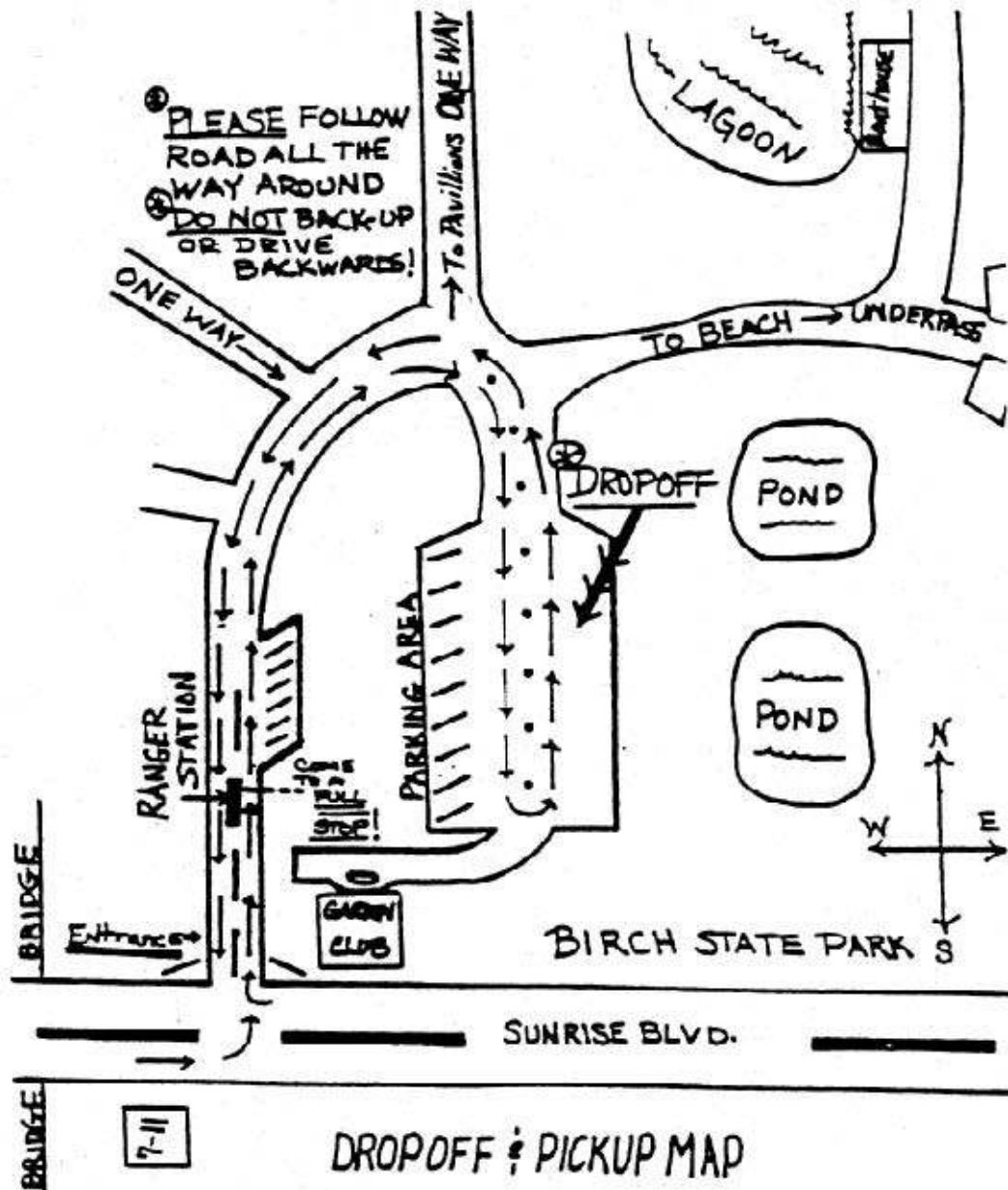
If any parent chooses to remain in the park and use the facilities during the camp day, they must go back to the Ranger Station and pay the required admission. When you are dropping off or picking up your child, or if you choose to visit Camp Live Oak during the day, there will be no admission charge.

Please see the following two diagrams which show the location of Birch State park and the map of pick up and drop off procedures.

**HUGH TAYLOR BIRCH STATE PARK IN FT. LAUDERDALE, FL**  
[3109 E Sunrise Blvd, Fort Lauderdale, FL 33304](#)



HUGH TAYLOR BIRCH STATE PARK DROP OFF AND PICK UP LOCATION FOR CAMP  
LIVE OAK



## **Drop off and Pick up Procedures**

**John U. Lloyd**

Camp Live Oak has a specific procedure regarding drop-off and pick-up of all campers that must be followed to insure the safety of the children as well as to obey the traffic rules set by the park. **This procedure must be adhered to at all times.**

Enter the park through the **main gate** and come to a complete stop at the Ranger Station (Guardhouse). Your parking pass will be emailed to you once your registration and payment is complete. If you are in need of additional passes, the onsite Director will be able to provide you with them. Be sure your **entry pass is displayed on the left-hand side** of the window. Those in car pools, please put the surnames of all the children you are picking up on the back of your entry pass in **bold, black marker**.

**The speed limit of 15 miles-per-hour must be followed in the park at all times. Local law enforcement and Florida State Patrol will ticket anyone that does not adhere to local speed limits and posted signs!!!**

To drop off or pick up your child, continue past the Ranger Station about 2 miles to the sign that says "Parking Lot #2". When dropping off or picking up YOU MUST pull into the designated parking lane for drop-off or pick-up points. After drop-off or pick-up you must continue to go around the entire park lot, obeying the speed limits at all times.

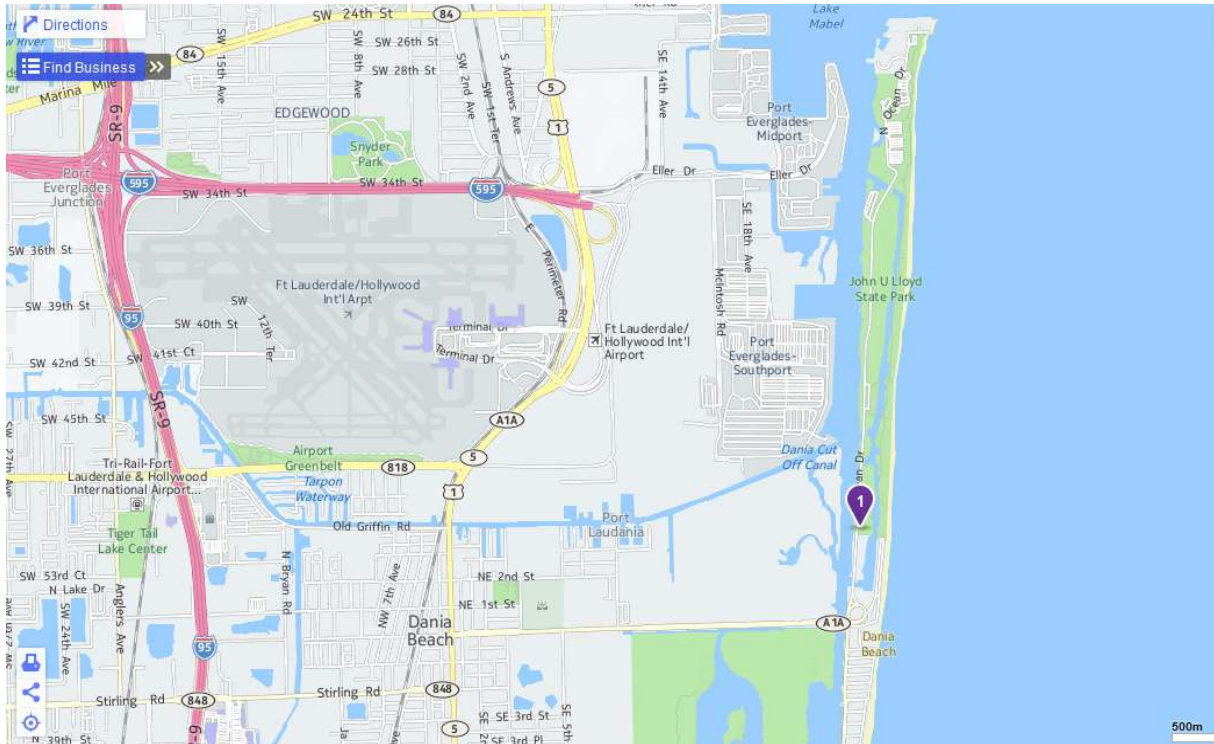
If any parent chooses to remain in the park and use the facilities during the camp day, they must go back to the Ranger Station and pay the required admission. However, when you are dropping off or picking up your child, or if you choose to visit Camp Live Oak during the day, there will be no admission charge.

Please see the following two diagrams which show the location of John U. Lloyd park and the map of pick up and drop off procedures.

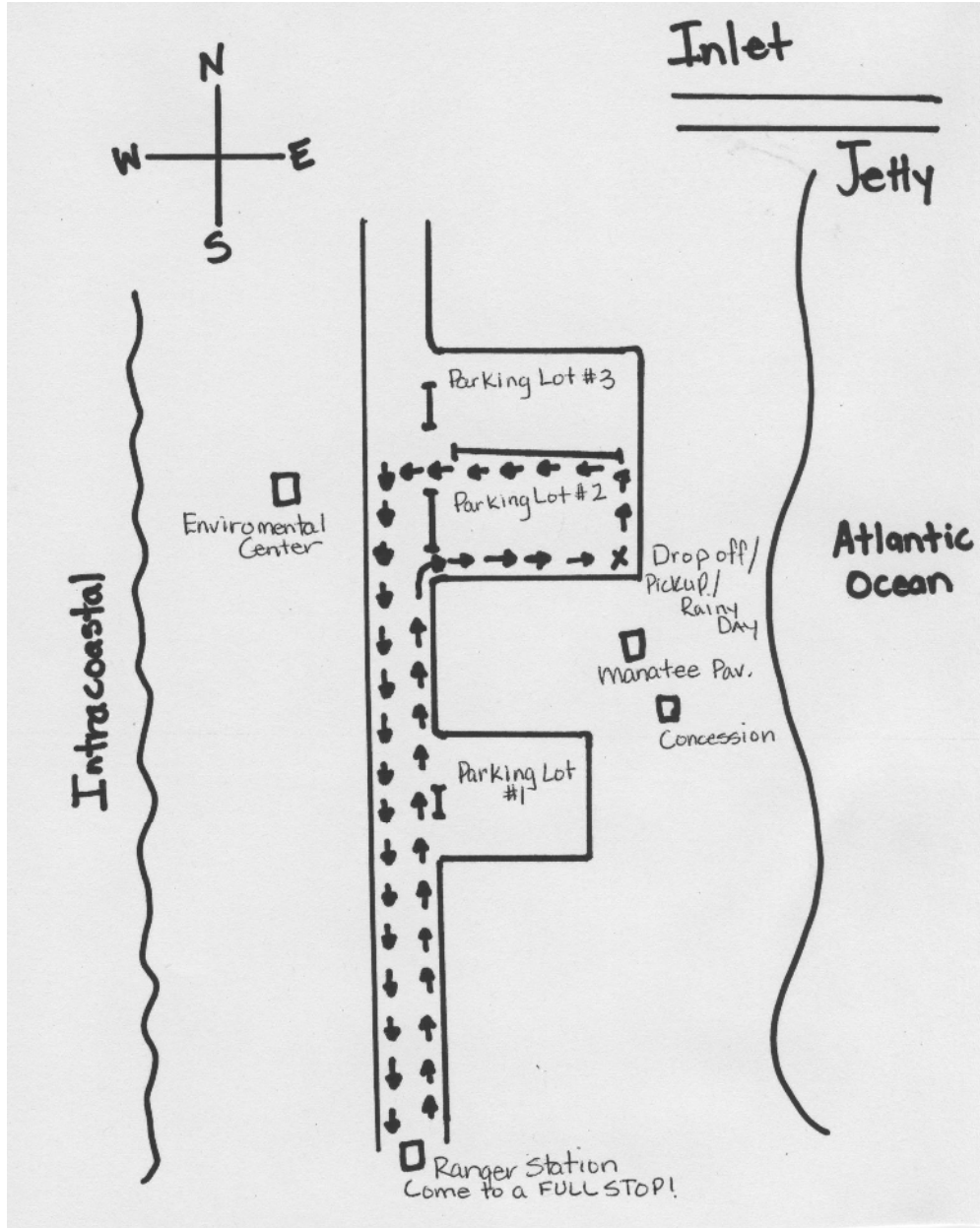
## JOHN U. LLOYD STATE PARK

6503 N Ocean Dr, Dania Beach, FL 33004

Phone: (954) 923-2833



JOHN U. LLOYD STATE PARK DROP OFF AND PICK UP LOCATION





## **Drop off and Pick Procedures**

### **Oleta River State Park**

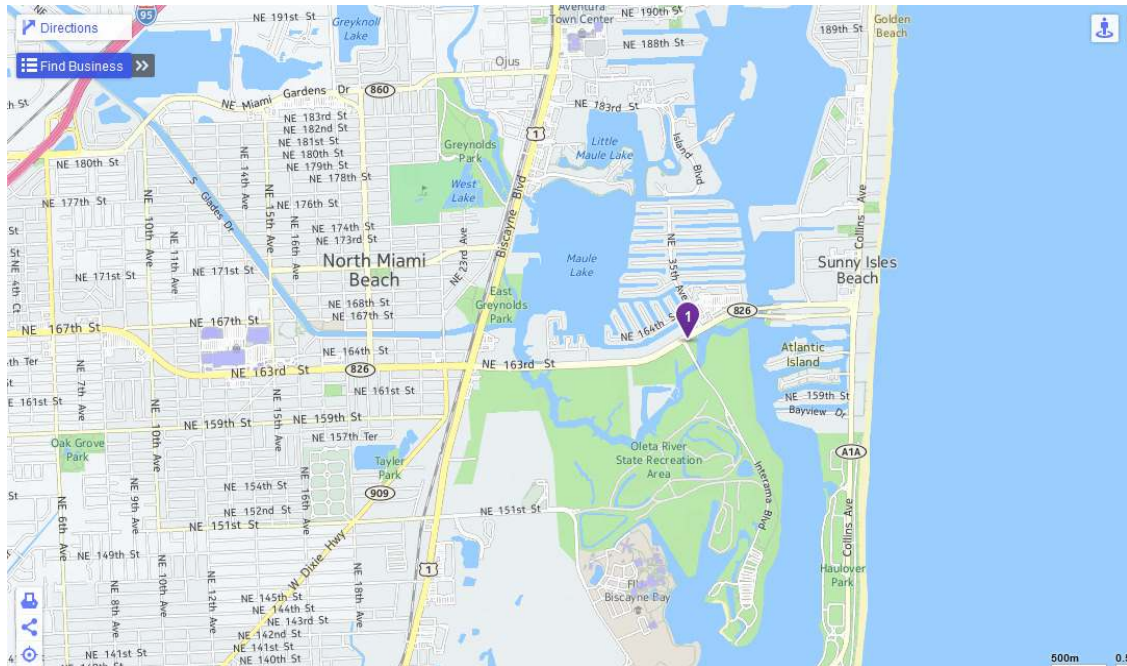
Camp Live Oak has a specific procedure regarding drop-off and pick-up of all campers that must be followed to insure the safety of the children as well as to obey the traffic rules set by the park. **This procedure must be adhered to at all times.** Enter the park through the **main gate** and come to a complete stop at the Ranger Station (Guardhouse). Your parking pass will be emailed to you once your registration and payment is complete. If you are in need of additional passes, the onsite Director will be able to provide you with them. Be sure your **entry pass is displayed on the left-hand side** of the window. Those in car pools, please put the surnames of all the children you are picking up on the back of your entry pass in **bold, black marker**.

**The speed limit of 15 miles-per-hour must be followed in the park at all times. Local law enforcement and Florida State Patrol will ticket anyone that does not adhere to local speed limits and posted signs!!!**

To drop off or pick up your child, continue past the Ranger Station to the sign that says **Parking Lot #6**. When dropping off or picking up **YOU MUST** pull into the designated parking lane for drop-off or pick-up points. After drop-off or pick-up you must continue to go around the entire park obeying the speed limits at all times.

If any parent chooses to remain in the park and use the facilities during the camp day, they must go back to the Ranger Station and pay the required admission. However, when you are dropping off or picking up your child, or if you choose to visit Camp Live Oak during the day, there will be no admission charge.

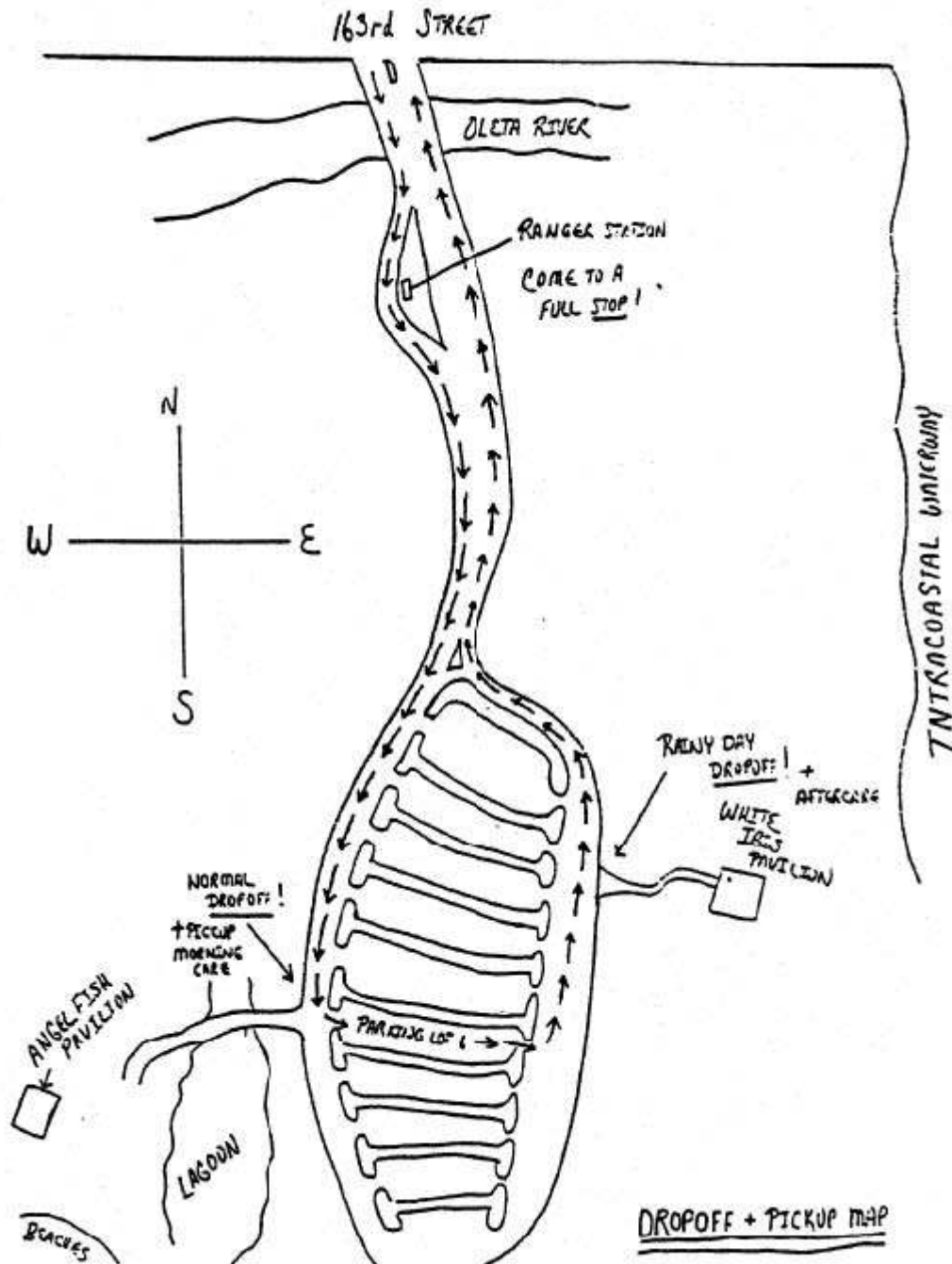
## OLETA RIVER STATE PARK, N. MIAMI BEACH, FL



[3400 NE 163rd St, Miami, FL 33160](#)



# OLETA RIVER STATE PARK DROP OFF AND PICK UP LOCATION FOR CAMP LIVE OAK



## RAINY DAY INFORMATION

**Birch State Park (Ft. Lauderdale):** On rainy days, please drop off your children at **Pavilion #1 or #2**. Please list the names of your children and all of the children in your car pool in a **black marker** on the back of your green entry pass. If it is raining when you pick up your children, please pull up to the Pavilion and hold up the back of the park pass, clearly showing the children's names, and we will bring the children to your car. We will NOT walk children to cars in the case of LIGHTNING; PLEASE be patient!

**John U. Lloyd State Park (Dania Beach):** On rainy days, please drop off your children at **Parking Lot #2. Counselors will escort the children to the Manatee pavilion.** Please list the names of your children and all of the children in your car pool in a **black marker** on the back of your green entry pass. If it is raining when you pick up your children, please pull up to Parking Lot #2 and hold up the back of the park pass, clearly showing the children's names, and we will bring the children to your car. We will NOT walk children to cars in the case of LIGHTNING; PLEASE be patient!

**Oleta River State Park (North Miami):** On rainy days, please drop off and pick up your children at the **White Ibis Pavilion located in Parking Lot #1**. Please list the names of your children and all of the children in your car pool in **black marker** on the back of your park pass. If it is raining when you pick up your child, please pull up to the curb and hold up the back of your pass, clearly showing the children's names. We will bring the children to your car. We will NOT walk children to cars in the case of LIGHTNING; PLEASE be patient!

**Rest assured that the children are safe in the pavilion on rainy days. The Pavilions are grounded and have awnings around them when needed.**

## EMERGENCY CONTACT OF THE CAMP

**Birch State Park (Ft. Lauderdale):** If at any time during the day while camp is in session you need to call for an **emergency**, the camp **emergency number is (954) 684-3690**. Please use this number for **emergencies only**. If you have a message for any staff member or for your child that is **NOT AN EMERGENCY**, please call **(954) 491-2917**. This number will be checked for messages throughout the day.

**John U. Lloyd State Park (Dania Beach):** If at any time during the day while camp is in session you need to call for an **emergency**, the camp **emergency number is (954) 684-3690**. Please use this number for **emergencies only**. If you have a message for any staff member or for your child that is **NOT AN EMERGENCY**, please call **(954) 491-2917**. This number will be checked for messages throughout the day.

**Oleta River State Park (North Miami):** If at any time during the day while camp is in session you need to call for an **emergency**, the camp **emergency number is (954) 684-3690**. Please

use this number for **emergencies only**. If you have a message for any staff member or for your child that is **NOT AN EMERGENCY**, please call (305) 940-4748. This number will be checked for messages throughout the day.

## HEALTH INFORMATION

Your child's health and safety is our first priority at Camp Live Oak. All of our staff are First Aid and CPR Certified and many staff members are also certified in a variety of other fields. Please use the Medical Forms to share any health concerns including your child's physical, mental and emotional health history. Please be sure to indicate any special medical concerns, dietary restrictions, medications and parental custody on this form. It is important that we also be aware of any special concerns including ADHD, ADD, etc.. All information is confidential and will be for camp use only. Before your child starts their camp session, their head counselor will contact the listed guardians to discuss any concerns. If there are any additional special concerns that you have about your child, please contact the Camp Office and we will accommodate each child as much as possible.

Please remember that your child **cannot start camp without his/her health form** on file. Campers under the age of 6 must have turned in a **PHYSICIAN SIGNED** copy of current (within one year of camper's starting date) Certificate of Good Health (HRS Form 3040) and Florida Certificate of Immunization, including a TB test (HRS Form 680).

**International Campers and Families:** Please bring a copy of your child's immunization records from your country of origin if your child is under 6.

If your child requires medication, please make sure to have an **Authorization for Medication Form** filled out and turned in to camp before your child's first day. Medication must be turned over to the Camp's On-Site Director in its **original bottle with the instructions printed clearly on the label**. **Medication will not be distributed without this Authorization form filled out.**

**Medical Forms:** All campers under the age of 6 must submit a physician signed copy of current (within one year of camper's starting date) Certificate of Good Health (HRS Form 3040) and Florida Certificate of Immunization, including a TB test (HRS Form 680) prior to the start of camp. (These forms are commonly known as the "yellow and blue forms" for school.) Please remember that campers under 6 cannot start camp without his/her health form on file. The signed forms can faxed, emailed or mailed to the Camp Office. Campers 6 years old and older do not need any additional forms to register for camp.

The Emergency Release Form is also required to be on file before the start of your child's camp session. This release is part of our Registration Form.

**Allergies:** We are aware that children have many different medical needs and may have a variety of different allergies. We encourage parents to discuss all specific health needs with the Camp Director, including any food, environmental or other types of allergies. Camp Live Oak is

not a peanut-free environment; however we do have policies that may lower the risk of exposure for those allergic to peanuts or other allergens. The registration form provides the opportunity for parents to describe any special needs in writing, so that the appropriate staff members can be notified of any special needs that your child may have. In addition to this form we encourage parents to talk to the Camp Director about any health concerns.

**Excused Activities:** We encourage your child to participate in every activity we offer at camp, however if there is an activity that your child should not participate in due to physical limitations, please notify us so that we can make accommodations. A written note from the parent is required if the child is to be excused from participation in specific activities.

**Medication:** If your child requires medication, please make sure to have an Authorization for Medication Form completed and turned in to camp before your child's first day. This form is available on site and can be obtained through the onsite Director or the Camp Office. Medication must be turned over to the camp's On-Site Director in its original bottle with the instructions printed clearly on the label. **We do not give any medication without the form completed.**

**Emergency Services:** At camp we are equipped to deal with minor cuts, scratches, abrasions, insect bites, dispensing of topical medications, etc., however if a more serious injury should occur local EMS is in close proximity to our camp locations. At Birch State Park in Ft. Lauderdale, EMS is located directly adjacent to the park, at John U. Lloyd within 5 miles, and at Oleta River State Park, EMS is located within 3 miles of the park on Biscayne Blvd..

**Absentees:** We look forward to seeing your child each and every day that they are registered for camp, therefore please contact the Camp Office if your child is going to be absent for any reason. **Please note as per our Refund/Cancellation policy, there are NO REFUNDS or CREDITS for missed or sick days.** Please also notify the camp if you the parent/guardian are going to be away for several days, and who will be caring for your child in your absence or if there will be additional authorized persons for pickup. Often, your absence may account for unusual behavior or anxiety on the part of your child.

**Sea Lice:** In the past sea lice and head lice have not been a common problem at our camp, however, should a problem occur, we will notify you immediately. We will also inform the other camp families with a printed informational sheet which will be sent home with the campers.

**Parent Notification:** Please know that the on-site Health Care Manager/Director handles all health care issues that arise at camp. The Health Care Manager is the first person to assess and treat an injury or illness. If the injury or illness is assessed to be more serious than a common scrape or bug bite, the Executive/Administrative Directors will be immediately informed to make the call to the camper's parent. Examples of cases that would warrant a phone call home include a bump on the head, sea lice, or anything that requires sustained health care attention. For any emergency situations that require the assistance of 911, the Director will

immediately phone the camper's parents.

### **SICKNESS**

Please keep your child at home if he/she seems listless, unusually irritable, complains of a stomachache, headache, or earache, or seems to be unusually pale or flushed. It is better to be overcautious than to risk exposing the rest of the children and staff to contagion. From experience, we have found that in most cases, you will soon be back to pick them up. A child should remain at home for 24 hours after a temperature goes down.

Please notify the camp immediately if your child incurs a contagious disease, or is exposed to a contagious disease. The director will notify you if and when it is necessary to keep him/her home. This is determined according to the rules of the local board of health.

### **HEALTH INSURANCE**

Camp Live Oak carries camper health insurance, which is secondary to camper's family insurance. In the case of an accident or injury, please contact the camp office or an onsite director immediately, and obtain the necessary insurance forms. Please remember that an injury or accident must be reported to the camp by a counselor, by you, or a camper in order for our insurance to be in effect. If an accident or injury occurs and is known to a counselor, they are required to file an accident report.

#### **Campers are encouraged to let counselors know if they fall, or injure themselves.**

Sometimes campers do not admit that they are injured more seriously than they appear. Camp staff and administration take all injuries seriously.

### **FIELD TRIPS/SPECIAL ACTIVITIES/PROGRAMS**

**We require campers to wear the Camp Live Oak T-shirt on all field trips.** While on field trips we utilize the buddy system, we send along more than adequate staff numbers to meet American Camp Association required ratios. Although we would like to be able to allow parents to attend, background check requirements necessary for children's supervisors and ACA standards prohibit us from allowing this.

Activities are carefully selected to be age-appropriate. They include a wide variety such as ***hands-on science, swimming, canoeing, fishing, team-building, natural arts and crafts, archery, snorkeling, hiking, noncompetitive sports and games, and storytelling, paddle boarding, surfing*** (Birch) and ***kayaking*** (Oleta), yoga, Teen programs, and scuba diving.

We also offer optional activities such as ***Wild Media Safari, Mountain Biking, and more.*** Additionally, there are numerous special activities each and every summer to complete the combination of camp learning and field experiences for a well-rounded summer of fun at Camp Live Oak. These special days include our popular ***Starlight Sleepover*** for campers, Rock Wall climbing, Pony Rides, Guest Speakers, Field Trips, Adventure Races, Color Day, and Camp Cookouts. Because there is such a wide selection to choose from, not all activities can possibly take place during each session. Please refer to the short descriptions to some of these programs below and to our session calendar for specifics.

## TEEN ECO EXPERIENCE

Teen Eco Experience is a leadership, environmental education & volunteer service program packed with innovative activities and outdoor adventure and field trips specifically designed for 14 – 16 year olds! Skills learned by leadership teens will consist of assisting Counselors with camp activities including Archery, Canoeing, Arts and Crafts, Swimming, Surfing, Sports, Paddle Boarding, Hiking, Fishing, Field Games, Hands-on Science, etc. Teens will serve as a role model for campers 5-13 by participating in activities, encouraging teamwork and sportsmanship, and modeling positive behavior.

## SCUBA DIVING PROGRAM

This program is open to campers ages 8 and up. We offer a range of programs including, BubbleMakers (intro to scuba), Basic and Advanced Open water certifications, and specialty dive camps. Campers will be able to learn diving specialties such as Underwater Photography, Search and Rescue, Navigation, participate in marine research projects, and more!

Campers will attend classes conducted by one of Sea Experience's PADI Platinum Course Directors which combined, have over 85 years of scuba industry experience and over 20,000 dives between them. A CLO staff member will be assigned to the scuba group and serve as the liaison between the dive outfitter and our parents. In addition to Camp Live Oak' waivers and medical forms, families will be required to fill out additional medical forms and waivers required by PADI and Sea Experience. Please visit our website for further program details and fees.

Please refer to the camp calendar for specific field trips and dates. All field trips are educational in nature. We use buses that are equipped with seat belts and air conditioning if possible.

The **Starlight Sleepover** takes place at Birch State Park; however campers from both locations are invited to join in on the fun! This overnight event features a sing-along around a roaring campfire, after dinner games and fun entertainment. Children from both locations are invited to stay overnight in the air conditioned cabins at Birch State Park for a fun filled night including a drum circle around the camp fire, a night walk to the beach to observe baby Sea Turtles hatching, star gazing and sing along! All campers will enjoy a hearty dinner, toasty S'mores dessert and a terrific breakfast as part of the registration. Camper's friends are also invited to join in on the fun by registering to participate even if they don't attend during normal camp hours. If you are already attending camp, please call the camp office to register for the Starlight Sleepover. Although we would like to be able to allow parents to attend, background check requirements necessary for children's supervisors and ACA standards prohibit us from allowing this. Other sleepovers may be offered from time to time. You will be notified of these.

**Ocean Quest Program:** Ocean Quest is a one week program and open to campers ages 5 - 13. Campers ages 5-8 will go on an aquatic field trip adventure that will focus on learning about marine life and conservation. Campers ages 9-13 attend a field trip to John Pennekamp at Key

Largo. For our field trip to Key Largo, children **MUST** be at least 9 years old, since there is a strict boat capacity, there are **NO EXCEPTIONS** to age limit. Campers delight in this one-week of summer camp that is dedicated to a study of the seas around us and the effects of the changing ocean environment. Ocean Quest is a hands-on learning by-doing experience, with laboratory observation and experiments, a study of the reefs and sea life, snorkeling and so much more. (See camp application form for prices and registration information.)

**Teen Eco Ocean Quest Program:** For Teens ages 14 - 16, this week includes a 2 day 1 night field trip to Marine Lab in Key Largo. Teens will arrive at Marine Lab at 1:00 PM, eat lunch, have a swim test and go through gear orientation. They will then be taken out by boat to the beautiful crystal clear waters to learn about sea grass/mangrove ecology. Teens will then come in for supper, have an evening course in coral reef ecology and then participate in an invertebrate diversity lab and plankton tow. Campers will rest up for the next day's activities at Marine Lab's onsite dorms and have breakfast before they head out to their last boat trip to snorkel in some of the areas most pristine coral reefs. Please visit our website for pricing and further details.

**Independence Day BBQ & Parade:** We will **celebrate the 4th of July** on another camp day (as the 4th is a holiday) with a cook-out and special activities. Please look for a flyer during the summer regarding our picnic and parade. The cookout menu typically includes:

- An all-kosher grill cooked with kosher utensils (at Oleta only)
- Kosher Hot Dogs on a bun w/ ketchup and mustard
- Potato Chips
- Watermelon or assorted fruits
- Gourmet Cookies Gatorade

**Wild Media Safari:** Our Wild Media Safari is a wonderful opportunity for your campers to get up and close with Mother Nature by using modern technology. This week will combine photography, both digital and underwater, and video, including Go Pro's, tablets, and traditional hand held video cameras. Each camper will receive a digital and disposable underwater camera and will work with the instructor for one hour each day for one week. They will learn about lighting, angles, focus and more all while using the beautiful park as their subject matter. At the end of the week all campers will receive their printed photos and select one photo to be enlarged for a great summer souvenir or gift for a loved one. Photo Safari is recommended for children ages 8 and above. Photo Safari takes place the first week of each session. Wild Media Safari takes place during regular camp hours, but campers will never miss out on their daily swim time.

**Mountain Biking:** Since the introduction of the mountain biking program at Oleta River State Park back in 2008, it has become a true favorite among our campers. Now offered at the Birch and Oleta River locations, both parks offer miles of trails that campers can enjoy under the watchful eye of our experienced instructors. This program is only available during specified weeks during the summer. Camp Live Oak provides Giant mountain bikes, helmets and protective gear. Mountain biking is for ages 10 - 13. Please visit our camp website for further details and program dates.

## GENERAL INFORMATION

**Carpool List:** Camp Live Oak makes available a list of parents interested in carpooling from various areas of the county. This carpool list is available from the directors at Orientation before the camp summer begins and is updated throughout the summer sessions. You may call the camp office for assistance with the carpool list. If you are interested, please call us.

**Refund Policy:** CLO has a non-refund or credit for missed day's policy. Only in the case of extreme medical emergency will this policy be reviewed by the Board of Directors. This policy also applies if your child is dismissed due to disciplinary action based on his/her behavior or misconduct. If your child does not attend camp during his/her session we do not offer Refunds or Make-Up days.

**Changes to Camp Registration:** We understand that changes can occur in a family's summer plans. If there is a need to change your child's summer camp weeks, you may do so by logging onto your account. You may also call the Executive office at 954-563-4880.

**Camp Attire & Camp Store:** Campers are requested to wear comfortable shorts and t-shirts with sneakers, or comfortable playground shoes. Bathing suit, towel, and water shoes will be needed for camp during swimming. PLEASE LABEL ALL ITEMS. A Camp Live Oak t-shirt is required for all field trips and can be purchased at our orientation as well as the first Monday of each session. Water bottles, bags, hats, and visors can also be purchased at our camp store either at the site or at the Executive office, or online. If you purchase your camp items online, please see your onsite Director the first day of camp to receive your items.

**Weather Emergencies:** Camp Live Oak is an outdoor environmental day camp and the program and activities are conducted in natural outdoor settings. The camp has protected facilities for normal inclement weather conditions. For national weather emergencies wherein public and private facilities are closed, please turn your TV to channels 6 & 7 or Y100 on your radio for announcements. Camp Live Oak has a NO REFUND and NO MAKE-UP DAYS POLICY for those days. **NOTE:** In the rare event of extremely inclement weather in the morning, call the main camp office at 954-563-4880 in Ft. Lauderdale/Dania Beach or 305-940-4748 in N. Miami Beach to check of the days camp status. There will also be a camp message in regards to the days forecast.

**Park Conditions:** Camp Live Oak reserves the right to dismiss any camper without a refund, where conduct is detrimental to campers. Each camper is responsible for the condition of Birch State Park's property, John U. Lloyd State Park's property, or Oleta River State Park's property, and parents may be billed for any damage caused by a camper. CLO WILL NOT MAKE UP SICK DAYS OR GIVE REFUNDS FOR MISSED TIME.

**Parent Evaluations:** It is a top priority to ensure the safety and well being of each of our campers each and every summer. Parents will be emailed Camp Evaluations weekly and we strongly encourage your feedback regarding all of our programs. In addition, please feel free to



speak to the camp's onsite Director for immediate assistance in case of an urgent matter. We strive to make Camp Live Oak is an environment where all can feel safe, confident and among friends. CLO has a zero policy to bullying, both physical and verbal, and will be addressed immediately. **If there is a matter that must be addressed urgently, please contact the Executive Director at 954-684-3690.**

**Camp Updates:** Camp photos, schedule updates, field trips notifications, and weather updates will be immediately posted on our official organizational camp Facebook page, as well as on our website ([www.campliveoakfl.com](http://www.campliveoakfl.com)).

**Animals:** No pets may be brought to or taken out of vehicles during drop off or pick up. Park animals are protected. No one is permitted to feed the raccoons, or any other of the vertebrate animals, except the fish, which seem to get plenty of food during fishing time. We practice a catch-and-release policy in regard to fishing. State Law states that nothing, living or non-living, that is a part of the park grounds may be removed from the park.

**Gratuities:** Camp Live Oak neither encourages, nor discourages gratuities to camp staff. This is an individual matter. Gratuities are to be given at your own discretion and not required.

**Camper Birthday:** We love to celebrate our campers birthday's! We will happily assist you if you would like to plan a special treat or activity with your child's group on his/her birthday. Please note that we do not have large onsite refrigeration, so please consider this before choosing the treat. This is an individual choice on the part of the parent and their camper. Please notify the camp if you are planning on doing this.

**Valuables at Camp:** Camp is a time to enjoy all that nature has to offer. Since we provide all the necessary equipment for all the activities, please do not send radios, toys, electronics, knives, or other valuables to camp. We understand that many children have cell phones, but we ask that you talk to your child before their camp session and inform them that they should keep cell phones in their backpacks while at camp. Due to a cell phone's distracting nature, we will issue two warnings if a teacher sees a camper using it during regular camp hours. Afterward, the device will be held by the teacher and be given back at the end of the camp day. **Camp Live Oak is NOT RESPONSIBLE for any lost, stolen, or broken valuables brought to camp.**