





A YUMMY AUGUST MENU FOR CAMP LIVE OAK --- BIRCH

- Select Either the Hot Option for the Entire Week or the Cold Option for the Entire Week;
- Please Submit Orders NO LATER THAN WEDNESDAY, 3:00 p.m. of the Week Prior

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. Hot: BBQ Beef Sandwich, Roasted Veggies, Fresh Fruit Cold: Lean Beef Taco Salad w/Chunky Tomato Dressing, Tortilla Chips, Fresh Fruit	2. Hot: Mac & Cheese, Roasted Veggies, Fresh Fruit Cold: Make Your Own Yummy Turkey Stackers, Veggies & Humus, Fresh Fruit	3. CAMP LIVE OAK  PIZZA DAY Veggie Chips & Fresh Fruit
6. Hot: Pasta w/Turkey Bolognese Sauce, Roasted Veggies, Fresh Fruit Cold: Make Your Own Yummy Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit	7. Hot: Breakfast for Lunch—Sweet Potato Pancakes, Eggs, Fresh Fruit Cold: Grilled Chicken Sandwich, Baked Chips, Fresh Fruit	8. FIELD TRIP Cold: Turkey Wrap, Baked Chips, Fresh Fruit Cold: Turkey Wrap, Baked Chips, Fresh Fruit	9. Hot: Mac & Cheese, Roasted Veggies, Fresh Fruit Cold: Bistro Pasta Salad w/Grilled Chicken & Cheese, Roll, Fresh Fruit	10. No Yummy Lunch Camp Live Oak BBQ 

Camper Name: _____

Counselor Name /Group: _____

Parent Name: _____ Phone Number: _____

Total for Your Yummy Meals = \$28.75/week; Each meal is accompanied by an Honest Kids Organic Juice

Circle One: Check Enclosed (Make Payable to Camp Live Oak) Cash Enclosed

Bill my credit card: VISA / MC / AMEX Card#: _____ Exp: _____

Signature: _____ CID: _____

5 Digit Billing Zip Code: _____

***Any Returned Checks Will Be Charged a \$15.00 Fee**
***HERE'S TO A YUMMY SUMMER!**

