

A YUMMY JULY MENU FOR CAMP LIVE OAK --- BIRCH

Select Either the Hot Option for the Entire Week or the Cold Option for the Entire Week;
Please Submit Orders NO LATER THAN WEDNESDAY, 3:00 p.m. of the Week Prior

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">1</p> <p>Hot: Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Cold: Lean Beef Taco Salad w/Chunky Tomato Dressing, Tortilla Chips, Fresh Fruit</p>	<p style="text-align: center;">2</p> <p>Hot: Breakfast for Lunch—French Toast, Eggs, Fresh Fruit</p> <p>Cold: Sun Butter & Jelly Sandwich, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">Camp Live Oak BBQ Today</p> 	<p style="text-align: center;">4</p> 	<p style="text-align: center;">5</p> <p style="text-align: center;">CAMP LIVE OAK</p> <p style="text-align: center;">PIZZA DAY Veggie Chips & Fresh Fruit</p>
<p style="text-align: center;">8</p> <p>Hot: Pasta w/Tomato Sauce, Roasted Veggies, Fresh Fruit</p> <p>Cold: “Make Your Own Yummy...” Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">9</p> <p>Hot: Turkey Tacos, Rice & Beans, Fresh Fruit</p> <p>Cold: Tuna Salad Sandwich, Veggie Chips, Fresh Fruit</p>	<p style="text-align: center;">10</p> <p>FIELD TRIP</p> <p>Cold: Turkey Sandwich, Veggie Chips, Fresh Fruit</p> <p>Cold: Caribbean Salad w/Chicken, Crackers, Fresh Fruit</p>	<p style="text-align: center;">11</p> <p>Hot: Mac & Cheese, Fresh Fruit</p> <p>Cold: Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">12</p> <p style="text-align: center;">CAMP LIVE OAK</p> <p style="text-align: center;">PIZZA DAY Veggies w/Dip & Fresh Fruit</p>
<p style="text-align: center;">15</p> <p>Hot: Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Cold: Ham & Swiss Sub Sandwich, Veggie Chips, Fresh Fruit</p>	<p style="text-align: center;">16</p> <p>Hot: Cheese Lasagna, Roasted Veggies, Fresh Fruit</p> <p>Cold: “Make Your Own Yummy...” Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">17</p> <p>Hot: Grilled Cheese, Roasted Veggies, Fresh Fruit</p> <p>Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit</p>	<p style="text-align: center;">18</p> <p>Hot: Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh Fruit</p> <p>Cold: Sun Butter & Jelly Sandwich, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">19</p> <p style="text-align: center;">CAMP LIVE OAK</p> <p style="text-align: center;">PIZZA DAY Veggie Chips & Fresh Fruit</p>
<p style="text-align: center;">22</p> <p>Hot: Pasta Puttanesca, Roasted Veggies, Fresh Fruit</p> <p>Cold: Turkey Sandwich, Baked Chips, Fresh Fruit</p>	<p style="text-align: center;">23</p> <p>Hot: Lean Beef & Cheese Burrito, Black Beans, Roasted Veggies, Fresh Fruit</p> <p>Cold: Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">24</p> <p>FIELD TRIP</p> <p>Cold: Grilled Chicken Wrap, Veggie Chips, Fresh Fruit</p> <p>Cold: Asian Veggie & Quinoa Salad, Fresh Fruit</p>	<p style="text-align: center;">25</p> <p>Hot: Mac & Cheese, Roasted Veggies, Fresh Fruit</p> <p>Cold: Sun Butter & Jelly Sandwich, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">26</p> <p style="text-align: center;">CAMP LIVE OAK</p> <p style="text-align: center;">PIZZA DAY Veggies w/Dip & Fresh Fruit</p>
<p style="text-align: center;">29</p> <p>Hot: Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Cold: Italian Sandwich on Ciabatta, Baked Chips, Fresh Fruit</p>	<p style="text-align: center;">30</p> <p>Hot: Chicken Caprese, Parmesan Roasted Veggies, Fresh Fruit</p> <p>Cold: “Make Your Own Yummy...” Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p>	<p style="text-align: center;">31</p> <p>Hot: Philly Cheesesteak, Roasted Veggies, Fresh Fruit</p> <p>Cold: Cheese Sandwich on Ciabatta, Veggie Chips, Fresh Fruit</p>		