



## A YUMMY JULY MENU FOR CAMP LIVE OAK --- OLETA

	WINI JOLI WIE			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3.	4.	5.	6.	7.
No Yummy Lunches Camp Live Oak BBQ	No Yummy Lunches	Hot: Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit	Hot: Mojito Grilled Chicken w/Baja Black Beans, Baked	CAMP LIVE OAK
FIRE UP THE	JULY!	Cold: Cheese Sandwich, Baked	Plantains, Fresh Fruit Cold: Turkey Wrap,	
9 Stunder		Chips, Fresh Fruit	Baked Chips, Fresh Fruit	PIZZA DAY
10.	11.	12.	13.	14.
Hot: Pasta w/Tomato Sauce, Roasted Veggies, Fresh Fruit	Hot: Breakfast for Lunch – Sweet Potato Pancakes, Eggs, Fresh	Hot: Turkey & Cheese Enchiladas, Rice & Beans, Fresh Fruit	FIELD TRIP  Hot: Turkey Sandwich,	CAMP LIVE OAK
Cold: Grilled Chicken	Fruit	Cold: Turkey &	Baked Chips, Fresh Fruit	
Sandwich, Baked Chips, Fresh Fruit	Cold: Bistro Pasta Salad w/Chicken, Baked Roll, Fresh	Cheese Stackers, Veggies & Hummus, Fresh Fruit	Cold: Corned Beef Sandwich on Rye,	PIZZA DAY
	Fruit		Baked Chips, Fresh Fruit	
17.	18.	19.	20.	21.
Hot: Pasta w/Turkey Crumbles & Tomato	Hot: Cheese Lasagna, Roasted Peas, Fresh	Hot: Arroz con Pollo, Baked Plantains,	Hot: Lean Beef Meatballs w/Tomato	CAMP LIVE OAK
Sauce, Roasted Veggies, Fresh Fruit	Fruit	Fresh Fruit	Sauce, Baked Tator Tots, Fresh Fruit	
Cold: Ham & Swiss Sub Sandwich, Baked	Cold: Turkey Sandwich, Baked Chips, Fresh Fruit	Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit	Cold: Southwestern Salad, Tortilla Chips,	
Chips, Fresh Fruit	ompo, rroom rrure	11001111411	Fresh Fruit	PIZZA DAY
24.	25.	26.	27.	28.
Hot: Pasta w/Turkey Bolognese Sauce, Roasted Veggies,	Hot: Lean Beef Tacos, Rice & Beans, Fresh Fruit	FIELD TRIP  Hot: Turkey Stacker,	<b>FIELD TRIP</b> Hot: Turkey Sandwich,	CAMP LIVE OAK
Fresh Fruit	Cold: MILD Buffalo	Veggies & Hummus, Fresh Fruit	Baked Chips, Fresh Fruit	
Cold: Sun Butter & Grape Jelly Sandwich,	Chicken Wrap, Baked Chips, Fresh Fruit	Cold: Ham & Cheese	Cold: Grilled Chicken	PIZZA DAY
Veggies & Hummus, Fresh Fruit		Sandwich, Baked Chips, Fresh Fruit	Wrap, Baked Chips, Fresh Fruit	I IZZII DIII