






A YUMMY JUNE MENU FOR CAMP LIVE OAK --- **OLETA**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 Hot: Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit Cold: Turkey Sandwich, Baked Chips, Fresh Fruit	13 Hot: Turkey Tacos, Rice & Beans, Fresh Fruit Cold: Grilled Chicken Sandwich, Baked Chips, Fresh Fruit	14 Hot: Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit Cold: Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit	15 Hot: Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit Cold: Bistro Pasta Salad w/Grilled Chicken, Baked Roll, Fresh Fruit	16 CAMP LIVE OAK  PIZZA DAY
19 Hot: Pasta w/Veggie Tomato Sauce, Glazed Carrots, Fresh Fruit Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit	20 Hot: Lean Beef & Cheese Burrito, Black Beans, Baked Plantains, Fresh Fruit Cold: Sun Butter & Grape Jelly Sandwich, Veggies & Hummus, Fresh Fruit	21 Hot: Grilled Chicken Sandwich, Roasted Rosemary Potatoes, Fresh Fruit Cold: Southwestern Salad, Tortilla Chips, Fresh Fruit	22 FIELD TRIP Hot: Turkey Sandwich, Baked Chips, Fresh Fruit Cold: Ham & Swiss Sub Sandwich, Baked Chips, Fresh Fruit	23 CAMP LIVE OAK  PIZZA DAY
26 Hot: Pasta w/Low Fat Alfredo Sauce, Sauteed Broccoli & Garlic, Fresh Fruit Cold: Turkey Sandwich, Baked Chips, Fresh Fruit	27 Hot: Breakfast for Lunch – Waffles, Eggs, Fresh Fruit Cold: Ham & Cheese Sandwich, Baked Chips, Fresh Fruit	28 Hot: Lean Beef Sloppy Joe's, Roasted Corn, Fresh Fruit Cold: Grilled Chicken Wrap, Baked Chips, Fresh Fruit	29 Hot: Cheese Empanadas, Black Beans, Baked Plantains, Fresh Fruit Cold: Grilled Chicken Caesar Salad, Croutons, Fresh Fruit	30 CAMP LIVE OAK  PIZZA DAY

Camper Name: _____

Counselor Name /Group: _____

Parent Name: _____ Phone Number: _____

Total for Your Yummy Meals = \$26.25/week for Regular; \$28.74 for Large; Each meal is accompanied by an Honest Kids Organic Juice

Circle One: Check Enclosed Cash Enclosed